

K-Ayurveda : AyuVita

Women in the 21st century led an exciting yet stressful lifestyle. This is particularly due to their primary responsibility in leading a working life besides a secondary task of taking care of their home and family. As such, a drastic drop in birth rates and the rise of various diseases have occurred among women.

As we all aware, the body of a woman is wonderfully complex and delicate. Unnecessary stress besides multiple roles as a mother, daughter, wife, homemaker and wage earner can be physically and mentally very taxing especially among working women today. As a woman, you might share some common health risks with men, such as hypertension, diabetes, coronary heart disease and etc, but because of their special reproductive role, women are at risk of some distinctly female disorders such as menstrual disorder, irregular periods, urinary infections, leucorrhoea, vagina inflammation, gonorrhoea, impotence and fatigue.

Nevertheless, a revolution in healthcare nowadays can help aid women and help ease their pain and suffering. With that, **K-LINK International** is proud to introduce a product, with the benefit of Ayurvedic herbs combined with contemporary technique known as **K-Ayurveda AyuVita**.

AyuVita is an effective herbal remedy available for overcoming the problems associated with female reproductive system and keeping them healthy and beautiful based on the holistic Ayurvedic principle of keeping the body toned in tune with nature. Using a balanced combination of herbal ingredients that are tonic, refrigerants, diuretic, astringent, etc, it is an energizing and rejuvenating tonic that improves general metabolic activity. It also helps provide relief in genito-urinary disorder, provides resistance against infections, enhances beauty and improves vitality.

Below are some feminine disorder commonly suffered among women:

Dysmenorrhoea:

Menstrual flow accompanied with acute abdominal pain is common in certain women and usually denotes a blood deficiency, especially blood calcium.

Heavy periods (hemorrhage):

Occurs during menstruation and when it occurs as "mid-cycle" bleeding, it is a common problem, particularly affecting women in the age range 35-50. This condition may be due to hormonal imbalance, fibroids, or other causes. In addition to being an inconvenience, excessive bleeding can contribute to anemia. Periods are considered heavy if they cause such things like flooding, requiring you to wear double sanitary protection, soaking of bedclothes, passing clots and etc.

Bleeding at abnormal times:

If you have vaginal bleeding at times apart from your expected periods.

Periods which stop (amenorrhea):

Apart from pregnancy, other causes of periods stopping include stress; lose of weight, over exercise (for long distance runners and etc) and hormone problems.

Irregular periods:

The interval between periods can vary in some women. Irregular periods may indicate that you do not ovulate every month, and the balance of the female hormones may be upset.

AyuVita is the perfect solution for women to slow down the ageing process. With herbs such as semen mucuna prurita extract, cortex saraca indica extract, radix withania somnifera extract, radix asparagus racemosus extract, radix leptadenia raticulata extract and many others originating from the highlands of India, it is not only capable of dealing with some common problems like post-menopausal symptoms and menstrual disorders like dysmenorrhoea, leucorrhoea, hemorrhage and amenorrhea; it is also helpful in combating a great number of gynecological disorders and post-menopausal symptoms. In addition to that, it can also act as an aphrodisiac in helping to boost sex drive, moisten dry tissues of the reproductive organs and use to strengthen muscle tone and increase general body strength.

Below are some of the general benefits of **AyuVita**:

- Promotes strength and vigour
- Its antioxidant properties help delay ageing process
- Helps in general weakness
- Helps in debility and stress induced disorders
- Improves resistance against infections
- Helps in genito-urinary diseases, menorrhagia and leucorrhoea
- Prevents inflammation of the vagina

